

Appendix E: Seasonal Cleaning Lists

Adapt these lists to the climate, housing type, lease or ownership responsibilities, and equipment in your home. Follow product and manufacturer instructions, and use qualified professionals for work beyond your knowledge, tools, or safe access.

Spring

- [] Wash or rotate cold-weather bedding and clothing; store items clean and dry.
- [] Clean accessible window interiors, sills, tracks, screens, and curtains as appropriate.
- [] Check for winter moisture, leaks, pests, or damage and arrange needed evaluation.
- [] Clean entry mats and reset the landing area for rain, mud, and outdoor activity.
- [] Review cooling equipment and schedule professional service when required.
- [] Clean outdoor furniture or tools the household will use; inspect before use.
- [] Review pantry and refrigerator dates; plan meals around safe food that should be used.
- [] Test safety devices and replace batteries or units according to manufacturer guidance.

Summer

- [] Clean or replace cooling and ventilation filters as the equipment directs.
- [] Check doors, windows, screens, and weather seals for comfort and pest prevention.
- [] Wash high-use outdoor textiles and keep damp items where they can dry fully.
- [] Review food-storage temperatures and clean refrigerator coils only as safely directed.
- [] Prepare for storms, outages, heat, or travel with appropriate local emergency guidance.
- [] Clear outdoor walkways and arrange professional help for unsafe heights or heavy work.
- [] Edit summer clothing, shoes, sports items, and travel supplies that exceed their space.
- [] Plan a simple guest-ready standard for visits, holidays, or school breaks.

Autumn

- [] Wash and store summer textiles; bring out cold-weather bedding and clothing.
- [] Reset the entry for coats, boots, umbrellas, wet items, and earlier darkness.
- [] Review heating equipment and schedule inspection or service where appropriate.
- [] Check detectors, extinguishers, flashlights, batteries, and emergency supplies.
- [] Clean accessible vents and registers without disturbing equipment or hazardous material.
- [] Prepare outdoor areas for weather; arrange gutter, roof, tree, or height work professionally.

- [] Review pantry staples and dependable meals for demanding or stormy days.
- [] Choose holiday traditions that fit the household's actual time, budget, and energy.

Winter

- [] Maintain safe, clear entrances and paths according to local weather conditions.
- [] Check for drafts, condensation, leaks, or unusual odors and address the source.
- [] Wash frequently used blankets, throws, pet textiles, and indoor comfort items.
- [] Review medication, food, water, lighting, charging, and other outage necessities.
- [] Protect plumbing and heating systems according to local and professional guidance.
- [] Clean one indoor storage or clutter pressure point without opening the whole home.
- [] Review holiday items before storage; release broken or unused pieces.
- [] Schedule the spring tasks that require appointments, purchases, or outside help.

My Seasonal Dates

- Spring: Review date: _____; Top three needs:
_____; Help/appointment:

- Summer: Review date: _____; Top three needs:
_____; Help/appointment:

- Autumn: Review date: _____; Top three needs:
_____; Help/appointment:

- Winter: Review date: _____; Top three needs:
_____; Help/appointment:
