

Appendix L: 30-Day Implementation Calendar

Write the dates before beginning. In the Result column, record Full, Minimum, or Moved. A moved day is rescheduled, not owed twice. Chapter Eighteen provides the full instructions and minimum version for every focus below.

Start date: _____

Planned Day 30: _____

Next household review: _____

Days 1-10

- 1: Focus: See the Home Clearly; Date: _____; Result: _____; Note for tomorrow: _____

- 2: Focus: Restore the Kitchen; Date: _____; Result: _____; Note for tomorrow: _____

- 3: Focus: Restore the Bathroom; Date: _____; Result: _____; Note for tomorrow: _____

- 4: Focus: Complete One Laundry Loop; Date: _____; Result: _____; Note for tomorrow: _____

- 5: Focus: Clear the Arrival Path; Date: _____; Result: _____; Note for tomorrow: _____

- 6: Focus: Make Rest Available; Date: _____; Result: _____; Note for tomorrow: _____

- 7: Focus: Hold the First Weekly Reset; Date: _____; Result: _____; Note for tomorrow: _____

- 8: Focus: Create the Opening Routine; Date: _____;
Result: _____; Note for tomorrow:

- 9: Focus: Create the Closing Routine; Date: _____; Result:
_____; Note for tomorrow:

- 10: Focus: Protect the Kitchen Close; Date: _____; Result:
_____; Note for tomorrow:

Days 11-20

- 11: Focus: Choose the Laundry Rhythm; Date: _____;
Result: _____; Note for tomorrow:

- 12: Focus: Practice a Ten-Minute Reset; Date: _____;
Result: _____; Note for tomorrow:

- 13: Focus: Give Work an Owner; Date: _____; Result:
_____; Note for tomorrow:

- 14: Focus: Keep the First Cleaning Appointment; Date:
_____; Result: _____;
Note for tomorrow: _____
- 15: Focus: Set the Living-Area Standard; Date: _____;
Result: _____; Note for tomorrow:

- 16: Focus: Set the Bedroom and Linen Rhythm; Date:
_____; Result: _____;
Note for tomorrow: _____
- 17: Focus: Set the Bathroom Rhythm; Date: _____; Result:
_____; Note for tomorrow:

- 18: Focus: Set the Kitchen Rhythm; Date: _____; Result:
_____; Note for tomorrow:

- 19: Focus: Set the Dusting and Floor Rhythm; Date: _____;
Result: _____; Note for tomorrow: _____

- 20: Focus: Hold the Household Administration Block; Date: _____;
Result: _____;
Note for tomorrow: _____

Days 21-30

- 21: Focus: Place Monthly and Seasonal Care; Date: _____;
Result: _____; Note for tomorrow: _____

- 22: Focus: Reduce Cleaning Friction; Date: _____; Result: _____;
Note for tomorrow: _____

- 23: Focus: Create the Food Rhythm; Date: _____; Result: _____;
Note for tomorrow: _____

- 24: Focus: Add Comfort Without Adding Labor; Date: _____;
Result: _____;
Note for tomorrow: _____

- 25: Focus: Release One Clutter Pressure Point; Date: _____;
Result: _____;
Note for tomorrow: _____

- 26: Focus: Create the Home Record; Date: _____; Result: _____;
Note for tomorrow: _____

- 27: Focus: Practice Simple Hospitality; Date: _____;
Result: _____; Note for tomorrow: _____

- 28: Focus: Practice the Low-Capacity Version; Date: _____;
Result: _____;
Note for tomorrow: _____

- 29: Focus: Write the Permanent Rhythm; Date: _____;
Result: _____; Note for tomorrow: _____

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- 30: Focus: Close the Month With Care; Date: _____;
Result: _____; Note for tomorrow: _____
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Day 30 Review

- The routine I will keep: Write your answer: _____
- The routine I will change: Write your answer: _____
- The standard I will release: Write your answer: _____
- The task that needs a new owner: Write your answer:

- The next household review date: Write your answer: _____

The calendar is complete when the household has learned what supports it. It does not require thirty perfect marks.